Dismissal Counseling Overview

This document is to help prepare you for your appointment with an academic counselor in the College of Agricultural and Environmental Sciences Dean’s Office regarding your dismissal status. It is to your benefit to read this document in its entirety.

***While you are waiting for your appointment continue attending your courses.

During Your Dismissal Counseling Appointment

The purpose of the dismissal counseling appointment is to:

- Review your cumulative academic progress and clarify academic policy as it pertains to your academic status
- Discuss factors that may have affected your academic progress (Ex. illness, employment, family responsibilities, transition to new environment, etc.)
- Create a reasonable and realistic plan for you to return to good academic standing in the qualitative (grades) and quantitative (units/ minimum progress) requirements as soon as possible
- Identify campus or off campus resources and services that can support your academic success

If you accept your dismissal status, we will discuss options to prepare you to return to UC Davis in the future. This process is referred to as Readmission. We will establish your readmission conditions during your appointment. Refer to the Dismissal Exit Counseling sheet for more information.

Reflect and prepare to discuss the following with an academic counselor:

- **Realistically assess your academic goals.** Do you have the ability and motivation needed to succeed in your desired major? If so, what will best prepare you may be to take some time away from UC Davis. For example, taking the necessary preparatory work at a community college, do an internship to make sure this is the field of study for you, take time off to take care of personal issues preventing you from succeeding in your coursework. If your intended major is not the best fit, talk with your academic counselor about ways to explore various majors during your time away from UC Davis.

- **Consider your mental and physical health.** Are you well enough to continue? Your health and well-being is #1. Think about what things have been affecting your progress and be open to using campus resources to support your overall well being. For example, counseling and related services, time management/ study skills workshops, taking a PHE class or committing to healthy living in other ways. If you are not ready to address these circumstances the issues may continue to arise or worsen. Taking time off from school may be necessary to focus on making these personal evaluation, changes and/or commitments to be the very best YOU you can be.
- **Be ready to make specific changes.** Are you ready to make significant and specific changes to impact your academics? Many students tell us that they will simply “try harder” if they are continued. We are looking for specific actions you will take to facilitate your academic success such as:
  - seeking and following the advising received from campus resources
  - correcting any basic academic deficiencies (ex. repeating calculus)
  - enrolling in fewer units (ex. 14 units rather than 19)
  - working fewer hours at your job &/or taking out student loans
  - changing your living environment (ex. not living with noisy people, moving closer to Davis)
  - changing your time management methods (ex. not staying up late, attending a time management workshop)
  - committing to using campus resources to support your success

Remember, we are here to support you in your academic success. Though this may be a difficult time, we are here to discuss your options and help you reach your goals. Sometimes achieving your goals may not look like what you envisioned, but we will work with you to create a path to your academic success.

If you are in distress regarding your circumstances, you are encouraged to seek support from the Student Health and Counseling Services on the first floor of the Student Health and Wellness Center. Their office can be reached at (530) 752-2349 – support is available 24 hours a day.

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**Official dismissal policy:**

http://catalog.ucdavis.edu/academicinfo/dismiss.html

**To schedule an appointment with an academic counselor:**

Go to [https://appointments.ucdavis.edu](https://appointments.ucdavis.edu). From the first drop down menu be sure to select “College of Agricultural & Environmental Sciences Dean’s Office”. If it will be an extreme hardship to attend your appointment in person you indicate a “phone appointment” when scheduling your appointment.

If you have challenges scheduling an appointment or have questions about this document, call our office at (530) 752-0108.